



Uniform Formulary Medical Necessity Criteria for Overactive Bladder Medications

Drug Class – Medications for Overactive Bladder (OAB).

Background – After evaluating the relative clinical and cost effectiveness of OAB medications, the DoD P&T Committee recommended that the following medications be designated as non-formulary: tolterodine immediate release (Detrol), fesoterodine (toviaz), oxybutynin gel (Gelnique) and trospium immediate release (Sanctura). This recommendation has been approved by the Director, TMA.

Effective Date: 11 Feb 2009, 28 Oct 2008; 14 April 2010

Patients currently using a nonformulary OAB medication may wish to ask their doctor to consider a formulary alternative.

Uniform Formulary Status, Cost Shares, and Therapeutic Alternatives for Overactive Bladder (OAB) Medications

Uniform Formulary Status	Medication	MTF (up to a 90 day supply)	TMOP (up to a 90 day supply)	Retail (up to a 30-day supply)
Non-Formulary (Tier 3)	Tolterodine IR (Detrol) Trospium IR (Sanctura) Fesoterodine (Toviaz) Oxybutynin gel (Gelnique)	Not available ²	Non-Formulary cost share applies	Non-Formulary cost share applies
Formulary: Brand Name (Tier 2)	Darifenacin (Enablex) Solifenacin (Vesicare) Tolterodine ER (Detrol LA) Oxybutynin Patch (Oxytrol) Trospium ER (Sanctura XR)	\$0	Formulary (Brand) cost share applies	Formulary (Brand) cost share applies
Formulary: Generic (Tier 1)	Oxybutynin IR (Generic) ^{***} Oxybutynin ER (Generic) ^{***}	\$0	Generic cost share applies	Generic cost share applies

ER = extended release

1. Active duty cost share always \$0 in all points of service for all three tiers; Active duty cost share always \$0 in all points of service for all three tiers; TRICARE does not cover non-formulary medications for active duty service members unless they are determined to be medically necessary.
2. **MTFs will be able to fill non-formulary requests for non-formulary medications only if both of the following conditions are met: 1) a MTF provider writes the prescription, and 2) medical necessity is established for the non-formulary medication. MTFs may (but are not required to) fill a prescription for a non-formulary medication written by a non-MTF provider to whom the patient was referred, as long as medical necessity has been established.
3. *** Oxybutynin immediate release is a short-acting OAB medication that may require dosing from two to four times daily; other formulary OAB medications are longer-acting and require less frequent dosing. While a short-acting product may shorten the duration of adverse effects (such as dry mouth) in patients using these medications on an "as needed" basis, longer-acting medications in general cause fewer adverse effects and are preferred for chronic treatment. Patients are not required to have tried oxybutynin immediate release.

Medical Necessity Criteria

The non-formulary cost share for tolterodine immediate release (Detrol), trospium immediate release (Sanctura), oxybutynin gel (Gelnique) or fesoterodine (Toviaz) may be reduced to the formulary cost share if the patient meets any of the following criteria:

1. Use of ALL of the following formulary OAB medications (Detrol LA, Ditropan XL, Enablex, Oxytrol, Sanctura XR, and Vesicare) is contraindicated.
2. The patient has experienced significant adverse effects from ALL of the following formulary OAB medications (Detrol LA, Ditropan XL, Enablex, Oxytrol, Sanctura XR, and Vesicare) that are not expected to occur with the non-formulary OAB medication.

Medical necessity recommended by the DoD Pharmacy & Therapeutics Committee at the August 2008 meeting & approved by the Director, TMA on 24 October 2008. Fesoterodine (Toviaz) medical necessity recommended by the DoD Pharmacy & Therapeutics Committee at the May 2009 meeting & approved by the Director, TMA on 17 October 2009. Oxybutynin gel (Gelnique) medical necessity recommended by the DoD Pharmacy & Therapeutics Committee at the November 2009 meeting & approved by the Director, TMA on 4 February 2010. For more information, please see the [DoD P&T Committee minutes](#).

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