

TRICARE Pharmacy Program Medical Necessity Form for Lyrica (Pregabalin)



5539

This form applies to the TRICARE Pharmacy Program (TPharm). The medical necessity criteria outlined on this form also apply at Military Treatment Facilities (MTFs). The form must be completed and signed by the prescriber.

- Formulary medications in this drug class (the GABA analogs) include gabapentin and Gabitril (tiagabine). **Lyrica (pregabalin) is non-formulary, but available to most beneficiaries at the non-formulary cost share.**
- You do **NOT** need to complete this form in order for non-active duty beneficiaries (spouses, dependents, and retirees) to obtain Lyrica at the non-formulary cost share. The purpose of this form is to provide information that will be used to determine if the use of Lyrica *instead of a formulary medication* is medically necessary. If Lyrica is determined to be medically necessary, non-active duty beneficiaries may obtain it at the formulary cost share.
- TRICARE will not cover Lyrica for Active duty service members unless it is determined to be medically necessary *instead of a formulary medication*. If Lyrica is determined to be medically necessary, it will be available to Active duty service members at no cost share.

MAIL ORDER and RETAIL	<ul style="list-style-type: none"> The provider may call: 1-866-684-4488 or the completed form may be faxed to: 1-866-684-4477 The patient may attach the completed form to the prescription and mail it to: Express Scripts, P.O. Box 52150, Phoenix, AZ 85072-9954 or email the form only to: TpharmPA@express-scripts.com 	MTF	<ul style="list-style-type: none"> Non-formulary medications are available at MTFs only if both of the following are met: <ul style="list-style-type: none"> The prescription is written by a military provider or, at the discretion of the MTF, a civilian provider to whom the patient was referred by the MTF. The non-formulary medication is determined to be medically necessary. Please contact your local MTF for more information. There are no cost shares at MTFs.
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Step 1

Please complete patient and physician information (Please Print)

Patient Name: _____	Physician Name: _____
Address: _____	Address: _____
Sponsor ID # _____	Phone #: _____
Date of Birth: _____	Secure Fax #: _____

Step 2

Please explain why the patient cannot be treated with a formulary medication.

- What is the patient being treated for?
 - Seizure disorder – please go to Question 2
 - Neuropathic pain – please go to Question 3 (on the second page)
 - Fibromyalgia – please go to Question 5 (on the second page)

Seizure Disorder

<ol style="list-style-type: none"> Is the patient being treated for seizure disorder and has the patient failed an adequate trial, been unable to tolerate, or have contraindications that preclude taking at least one of the formulary alternatives (gabapentin or tiagabine)? Please explain below. 	<input type="checkbox"/> Yes Please explain below, then sign and date at the bottom of page 2	<input type="checkbox"/> No Please go to Question 6
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5540

Neuropathic pain

(Note: an adequate trial is in general considered to be at least 6 weeks in duration.)

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| <p>3. Is the patient being treated for neuropathic pain and has the patient failed an adequate trial, been unable to tolerate, or have contraindications that preclude taking gabapentin? Please explain below.</p> | <p><input type="checkbox"/> Yes
Please go to Question 4</p> | <p><input type="checkbox"/> No
Please go to Question 6</p> |
| <p>4. Has the patient failed an adequate trial, been unable to tolerate, or have contraindications that preclude taking at least one medication from one of the following four drug classes? Please explain below.</p> | <p><input type="checkbox"/> Yes
Please explain below, then sign and date.</p> | <p><input type="checkbox"/> No
Please go to Question 6</p> |

Class (example)	Explanation - describe the therapeutic failure, intolerance, or contraindication
tricyclic antidepressants (e.g., amitriptyline)	
SNRI antidepressants	
anticonvulsants (other than gabapentin)	
opioids (e.g., tramadol)	

Fibromyalgia

- | | | |
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| <p>5. Has the patient been diagnosed with fibromyalgia AND failed an adequate trial, been unable to tolerate, or have contraindications that preclude taking at least one of the following medications: tricyclic antidepressants (e.g., amitriptyline) or cyclobenzaprine? Please explain below.</p> | <p><input type="checkbox"/> Yes
Please explain below, then sign and date.</p> | <p><input type="checkbox"/> No
Please go to Question 6</p> |
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Question 6

6. Has the patient previously responded to Lyrica, and changing to a formulary medication would incur unacceptable risk? (e.g., patient is currently stabilized on therapy and changing to a formulary medication would present a risk of destabilization.) **Please explain below, then sign & date at the bottom of the page.**

Step 3 I certify the above is true to the best of my knowledge. Please sign and date:

3

_____ Date

Prescriber Signature

Date